

松  
濤  
館  
空  
手  
道

# KARATE at Fairmeadow



- ✓ Self-defense
- ✓ Confidence
- ✓ Awareness
- ✓ Concentration
- ✓ Physical fitness
- ✓ Discipline
- ✓ Fun!



**Authentic Shotokan Karate** – the way it is practiced in Japan. *Instructor trained for 8 years in Japan and began teaching over 33 years ago!* We are very safe and kids have so much fun they forget they are learning valuable skills!



**Fairmeadow** classes run on **Wednesdays**, 1:50-2:35pm.  
Just \$25 for optional uniform.  
\$199 for entire 10-week session.  
**Next session starts September 6.**  
minimum age: 6

Please email [jon@svkarate.com](mailto:jon@svkarate.com) regarding questions.



**Silicon Valley  
Shotokan Karate**

松濤館空手道シリコンバレー

[www.svkarate.com](http://www.svkarate.com)

Contact Sensei Jon Keeling: 650-580-3696,  
[jon@svkarate.com](mailto:jon@svkarate.com)